

Edge of the Bay

An Intrepid Stay



6 COASTAL ROCKS TO MOUNTAIN RIDGES DAYS

We are excited to share our tips on how to make the most of your 5-night stay. We've included recommended guided tours that provide access to local knowledge and secret spots, as well as activities that can be suit your own timetable. Plus, we've allowed time to take it easy and enjoy the stunning natural surrounds of Tasmania's East Coast.

Arrive at Edge of the Bay and feel the pace of life change. In your new coastal home you will have unparalleled access to natural beauty. At your doorstep you'll find secluded beaches, refreshing waters for swimming or paddling, walking tracks and bike trails. Breathe in the fresh sea air and marvel at the wildlife that has made Freycinet Peninsula its home.

Edge of the Bay is a great base for exploring UNESCO World Heritage sites and amazing National Parks, which include the famous Wineglass Bay and Maria Island. From historical sites to protected forests, you can tick off many of Tasmania's highlights.

6 DAYS COASTAL ROCKS TO RIDGES

Suggested Itinerary



1 DAY CHECK IN & SOAK IT ALL IN

2pm onwards: Arrive at Edge of the Bay and breathe in the coastal air. Look out to The Hazards mountains and wander down to the secluded beach for a swim in the clear, calm ocean. Or choose to take out one of our kayaks or mountain bikes to explore the property and get your bearings. You might even spot a friendly wombat or wallaby!

You can choose to pre-order an Indulgence Platter* in time for your arrival. Enjoy a selection of Tasmanian cheese, charcuterie, antipasto and fruit.

3.00pm - 4.00pm: Explore the depth and character of Tasmania's world-class wines or whiskies in a guided tasting session*. Over the hour, enjoy 5 tasting glasses in The Edge Bar.

5.30pm - 8:30pm: Dinner is served at The Edge Restaurant, with a delicious seasonal menu and glorious sunset views of the bay and mountains beyond.

2 DAY EXPAND YOUR HORIZON

7.30am - 9.30am: A la carte breakfast is served in the restaurant, with a choice of dishes that feature local produce and are accompanied by a selection of tea, juice or coffee*. All of which can be enjoyed as you gaze across to the pinkish peaks of The Hazards.

10am - 12.30pm: Visit the iconic Wineglass Bay Lookout. This spectacular walk is 2.6km return and takes about 2 hours to complete. It is a grade 3 trail due to the steep hill sections and sturdy shoes are recommended for the loose gravel surface. You will be rewarded with breathtaking views of the perfect crescent shaped bay below. Alternatively, you can walk a 500-metre circuit to Cape Tourville with its accessible coastal boardwalk and lighthouse.

12.30pm - 1.30pm: Head back into Coles Bay and treat yourself to lunch at one of the local eateries, like Geographe Restaurant and Espresso Bar. Alternatively, pre-order a picnic hamper* and have your own private dining experience with a stunning Freycinet backdrop.

2pm - 6pm: At Edge of the Bay, treat yourself to a massage* to relieve any aches from climbing all those Wineglass Bay steps. On select days there's also the opportunity to join our on-site activities and our team will be happy to help you plan the perfect schedule.

6 DAYS COASTAL ROCKS TO RIDGES

Suggested Itinerary



3 DAY HISTORIC ISLAND ADVENTURE

7.30am – 9.30am: Choose another delicious dish and cuppa for breakfast* or start the day with a wander through our native bushland or refreshing beach walk.

Maria Island Day: Take the day to explore Maria Island, a UNESCO World Heritage Site, at your leisure. By car, it's about a 1.5 hour drive from Edge of the Bay to Triabunna. From here, catch the 30-45 minute ferry ride along pristine coastline to the protected island*.

Maria Island blends extraordinary landscapes with abundant wildlife. Home to the World Heritage-listed convict probation site of Darlington, the island has seen convicts, an ill-fated industrial enterprise, and is today home to some of the most visible and plentiful wildlife in Australia. Walking and cycling are the only ways to get about on the car-free island and everything you need for the day must be brought with you. At Edge of the Bay we can organise a picnic hamper* or you can pick something before you board the ferry.

5:30pm onwards: Back at Edge of the Bay, indulge with a dining experience that features seasonal produce and Tasmania's best ingredients in a picturesque setting. The Edge Restaurant is currently open Wednesday to Sunday nights and bookings are essential*.

4 DAY CHANGE OF PACE

7.30am – 9.30am: Enjoy a relaxing day, starting with a leisurely a la carte breakfast*.

9.30am-10.30am: Go for a self-guided walk. We have trails and beach walks to explore at your own pace. Or jump on one of our free bikes and enjoy the winding coastline tracks.

10.30am - 11.30am: Stretch out your holiday with a Gentle Yoga class*. The easy class focuses on breath, mobility and relaxation. Sessions also available at 12pm and 6pm on select days.

1.30pm - 2.30pm: Take time out with a Sound Bath & Breath Awareness class* at Edge of the Bay. The soothing, guided experience is designed to cultivate calm, clarity and balance.

3.30pm - 5.00pm: Join a fun and relaxing guided Sketch & Sip* charcoal drawing class. It's suitable for everyone and you get to take home your own unique souvenir.

6 DAYS COASTAL ROCKS TO RIDGES

Suggested Itinerary



5 DAY TIME TO GO EXPLORING

7.30am – 9.30am: Wander down to breakfast and enjoy the sounds of the coast and stunning morning views again before heading inland today.

10am - 4pm: Pack your swimming gear, hiking shoes and lunch and head north approx 45 minutes' drive to Douglas-Apsley National Park. Spanning the Douglas and Apsley rivers, this is the rarest of Tasmanian national parks as its focus is on the forest and waterways. On route you can stop for a coffee in Bicheno (and a cake at Little Bay Patisserie before they sell out) and continue on for 12 kms to the Apsley Waterhole car park.

We recommend taking the short walk through open woodland to the large Apsley Waterhole. A perfect spot to cool off before embarking on the Apsley Gorge. The walking track takes you through eucalyptus forest and the rocky Gorge. Allow 4-5 hours for the 7km loop and only attempt the gorge return if water levels are low and no rain is forecast. This walk has made Tasmania's 60 Great Short Walks list so it's well worth the effort.

4.30pm - 5.30pm: Indulge in a massage* with a qualified local masseuse. The masseuse will come to you in your room and will bring everything they need to set up for the treatment.

You can also talk to our team about our in-house activities, like the Tassie distilleries tasting sessions. Or simply sit back with a pre-dinner drink and watch the sunset to see The Hazards turn into dazzling shades of pinks and purples. There's also a library of books to peruse and board games for good old fashioned fun.

6.00pm - 7.00pm: Ease into a relaxing evening with a calming, gentle yoga group session*.

5.30pm - 9.30pm: Dinner is served at the acclaimed The Edge Restaurant*. The à la carte dinner menu showcases sustainable produce from the local region.

After dark: Take a night cap outside for our Night Sky Reflections with Telescope*. Our location means we are free from light pollution, which creates the perfect setting for stargazing and it's a wonderful way to celebrate your last night.

Our tip is to download an app, such as Stellarium Mobile, SkyView Lite or Star Chart. These can help you locate stars, planets and constellations and enjoy gazing up during your stay.

6 DAYS COASTAL ROCKS TO RIDGES

Suggested Itinerary



6 DAY FAREWELL, BUT FIRST...

7.30am – 9.30am: Wake to the sounds of the ocean and enjoy one more delicious breakfast* at the Edge of the Bay.

10am: It's time to check out of your accommodation this morning. We hope you've loved your coastal experience.

Travel north or south: Whether your heading towards Launceston or Hobart, a short drive from Edge of the Bay will take you to a number of award winning wineries. If seafood is your passion, we recommend a stop at Freycinet Marine Farm, where you can take a tour of the operation before settling in for a delicious meal to extend that holiday feeling.



EDGE OF THE BAY AMENITIES

Edge of the Bay, situated at the gateway to Freycinet National Park, offers boutique accommodation in a breathtaking waterfront location. Our sustainable bush retreat has just 14 Ocean View Studios and 6 self-contained Vintage Chalets nestled within an awe-inspiring setting that will revitalise all your senses and enable you to reconnect with nature.

- ❖ The Edge Restaurant for dinner, Wed to Sundays
- ❖ Bar open daily from 10am
- ❖ Free kayaks & stand-up paddle boards
- ❖ Complimentary use of tennis courts
- ❖ Direct beach access
- ❖ Complimentary Wi-Fi
- ❖ Onsite classes & activities available
- ❖ Free bike hire & helmets
- ❖ Guest laundry facilities
- ❖ Free on-site parking

***Please note:** Additional fees may apply to all items marked with an asterisk (*) and activities operate on select days. Your booking confirmation will state if breakfast is included, or guests can purchase on arrival. It pays to book any activities in advance, as space is often limited. This itinerary is a guide and the Edge of the Bay team can help guests plan the ideal getaway.